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Body detoxification is important because it helps the body remove toxins that build up from unhealthy food, pollution, stress, and other environmental factors. When our bodies are overloaded with toxins, we may feel tired, have low energy, or experience digestive problems. Supporting the body's natural detox systems—especially the liver, kidneys, and digestive system—can improve overall health and well-being.

We've put together a selection of natural solutions to support your body's detox process and overall balance.

Start today and give your body the support it needs to feel revitalized and restored.



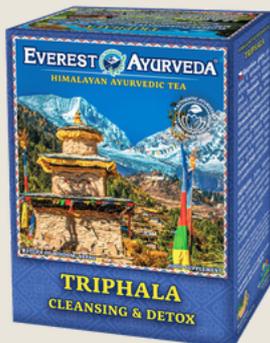
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HERE ARE SOME OF OUR RECOMMENDATIONS.



TRIPHALA cleansing and detox tea

- Glycyrrhiza glabra gently supports optimal intestinal balance, especially for those with sensitive digestive systems.
- Terminalia chebula helps promote the natural cleansing processes of the gastrointestinal tract.
- Terminalia bellirica contributes to healthy digestion and supports natural intestinal movement.
- Emblica officinalis helps maintain harmony within the digestive system.
- Supports the natural balance of beneficial gut microflora.
- Curcuma longa helps maintain digestive comfort and overall digestive well-being.



<https://naturalherbakings.co.uk/product/crohn-tea-cleansing-colon-detox/?v=7885444af42e>



COLON CARE 3 IN 1 complete body detox plan

Feel Lighter, Healthier, and Revitalized with
Our Detox Trio

- **Parasite Removal** – a gentle, natural way to support your body's cleansing process. This herbal blend helps eliminate unwanted parasites and toxins while supporting digestive and urinary health—without the harsh side effects of chemical treatments. Key ingredients like garlic, fennel, peppermint, chamomile, and gentiana work together to keep your body feeling refreshed and balanced.
- **Vital Fibre Care** – a natural boost for your body's detox and digestive health. Packed with herbs and both soluble and insoluble fibers, it helps remove toxins, supports smooth digestion, and keeps you feeling full and satisfied, aiding in appetite control. A simple way to feel lighter, healthier, and more energized every day.
- **Colon Tea Care** is a natural herbal tea designed to gently support your body's detox process. Carefully selected ingredients help cleanse the stomach, intestines, and kidneys, improve nutrient absorption, and promote smooth, comfortable digestion.

BUY 3 GET 15% OFF



<https://naturalherbakings.co.uk/product/colon-care-3-in-1-complete-body-detox/?v=7885444af42e>



AMALAKI & SHATAVARI herbal drink

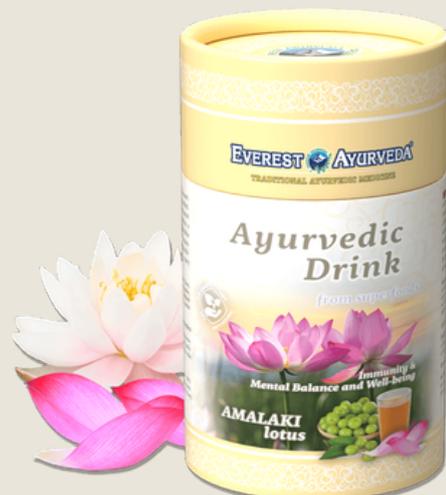


[https://naturalherbakings.co.uk/
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immunity-harmony-for-women/?
v=7885444af42e](https://naturalherbakings.co.uk/product/amla-drink-shatavari-immunity-harmony-for-women/?v=7885444af42e)

- Shatavari (*Asparagus racemosus*) supports hormonal balance and the healthy functioning of the female reproductive system.
- Acts as a rasayana, promoting rejuvenation, vitality, and overall well-being.
- Helps maintain a calm and balanced menstrual cycle.
- Supports emotional well-being during the menopausal transition.
- Amla (*Emblica officinalis*) positively influences digestive health.
- Strengthens the functions of the stomach and digestive tract.
- Vitamin C contributes to maintaining a positive mental state.
- Supports healthy energy metabolism.
- Optimizes the activity of the immune system.
- Helps protect cells from oxidative stress.
- Enhances iron absorption.
- Reduces fatigue and feelings of exhaustion.

AMALAKI & LOTUS herbal drink

- Indian Lotus (*Nelumbo nucifera*) supports mental balance and promotes healthy heart function.
- Helps calm the mind and improve focus.
- Boosts energy and alertness during fatigue.
- Amla (*Emblica officinalis*) supports digestive health.
- Strengthens the functions of the stomach and digestive tract.
- Vitamin C contributes to maintaining a positive mental state.
- Supports healthy energy metabolism.
- Optimizes the activity of the immune system.
- Helps protect cells from oxidative stress.
- Enhances iron absorption.
- Reduces fatigue and feelings of exhaustion.



THE LARGE INTESTINE – WHAT WE SHOULD KNOW SO THIS TICKING TIME BOMB NEVER EXPLODES!

A caring housekeeper doesn't wait for the sink pipes to clog up so badly that a plumber has to clear them. She prefers to regularly use drain cleaners to get rid of waste on an ongoing basis. Yet, we should care for our health even more! In our body, the equivalent of a pipe dealing with waste is the large intestine. We tend not to worry about it unless we experience pain, diarrhea, or constipation. This is a mistake, as prevention is better than cure

UNDervalued, BUT VERY IMPORTANT... The large intestine is crucial for the health and functioning of the entire body. This is where the final stage of absorption of water, electrolytes, and minerals from food remains occurs, along with the production of certain vitamins (K and B group). It is here that from about 2 kg of what we eat daily, only 200-300 g of fecal matter is formed and prepared for excretion. But that's not all. The intestine is the most important organ of the human immune system. It contains Peyer's patches, which produce antibodies that can resist attacking pathogens (viruses, bacteria), toxins, and allergens. If the large intestine functions incorrectly, we suffer more often from, for example, upper respiratory tract infections. Severely disturbed intestinal peristalsis makes it resemble a ticking time bomb! It becomes a reservoir for dangerous toxins that escape its boundaries and wreak havoc on the body!



What is Colon Pack? It is a 100% natural, herbal Body Cleansing System, proven in its effectiveness. It consists of three products:

BENEFICIAL FLORA MUST WIN!

The large intestine is a battlefield between beneficial and harmful bacteria. Beneficial lactic acid bacteria (which improve the absorption of necessary minerals and have anti-cancer and anti-atherosclerotic effects) and bifidobacteria (which stimulate intestinal peristalsis, fight diarrhea, and increase immunity) counteract the multiplication of pathogenic bacteria by acidifying the environment. If there are too few of these beneficial bacteria, their impact weakens. Such a dangerous deficit can be caused, for example, by antibiotic therapy (in which case we take probiotics to prevent it). Equally harmful is an improper diet dominated by highly processed products and lacking sources of fiber (whole grains, vegetables, fruit). And yet, this is how most of us eat! We do not try to support our intestines in any way, condemning them – and consequently the entire body – to an uneven struggle. By acting so recklessly, we lead to the disruption of intestinal peristalsis and the rhythm of bowel movements. Constipation causes us not to excrete the entire fecal mass, and its remnants linger in intestinal diverticula and coat their walls, further hindering the work of intestinal villi. Fecal stones are formed, which can remain in the intestine for up to several years! Constipation, diarrhea, bloating, or gas are symptoms of intestinal disorders that cannot be ignored, as they can lead to serious diseases (irritable bowel syndrome, inflammation, intestinal cancer). What's more, poisons and toxins lingering in intestines that are not emptied regularly cause self-poisoning of the body! Some doctors claim that the cause of as many as 90% of diseases is precisely the poisoning by toxins from the intestines!

- Parasine Plus – A powerful composition of plant ingredients and herbs enclosed in cellulose capsules for easy dosing. It was developed to eliminate unwanted parasitic microorganisms and toxic substances from the body.
- CoFiber (fiber) – Contains a carefully composed blend of herbs that support the gastrointestinal tract. Additionally, they help remove toxic substances and parasitic microorganisms from the body.

GETTING RID OF DANGEROUS

INTRUDERS Fermenting, long-lingering stool and prolonged rotting processes create a favorable environment for parasites: pinworms, roundworms, giardia, tapeworms, and many others. Contrary to appearances, it is not difficult to bring in an unwanted tenant, for example, through a lack of hygiene or eating infected meat or fish. Excessive appetite or lack thereof, fatigue, gas, bloating, diarrhea, constipation, abdominal pain, acne, migraines, or itching around the anus may indicate the presence of parasites. But intruders from the outside are not the only threat. Other dangerous inhabitants of the intestines—yeast—can also begin to spread dangerously. They are a natural component of the bacterial flora, but when an imbalance occurs, they grow into mycelium and cling to the intestinal walls! They hinder its function and cause unpleasant ailments: gas, bloating, and bubbling. To make matters worse, fungi can spread further and cause systemic candidiasis (mycosis)!

THE COLON MUST BE

CLEANSED But how? Is hydrocolonotherapy (colon irrigation) the only way? Fortunately, no. There are easier and more pleasant methods. It is enough to follow a proper diet and take preparations that remove deposits and toxins. This is how the herbal body cleansing system COLON PACK works. It contains fiber (both soluble and insoluble), also known as dietary fiber. It does not break down in the intestines but absorbs water and swells, increasing the volume of fecal matter and stimulating the peristaltic movements of the intestines that trigger bowel movements. It cleanses the colon of toxins, slows down food absorption—which prevents fluctuations in blood glucose levels (important for diabetics and those at risk of diabetes)—and inhibits harmful putrefaction processes. After a COLON PACK treatment, we can rest easy knowing that our efficiently functioning intestine is free of parasites and fungi...

- Natural Cleansing Tea – Properly selected components contribute to the improved functioning of the stomach, intestines, and kidneys, as well as better absorption of nutrients by the body; it also facilitates bowel movements.



Thank you GIFT

*3% off your next purchase if you
buy any of this products*

